



August 2026

Central A&M Middle School MENU



MON	TUES	WED	THURS	FRI
3	4	5	6	7
10	11	12	13	14
17	18 <u>Egg & Cheese Croissant</u>	19 <u>Country Chicken Biscuit</u> A. Spaghetti w/ Beef Sauce B. BBQ Chicken Sandwich C. Cheese Pizza	20 <u>Sausage & Cheese English Muffin</u> A. Biscuit w/ Sausage Gravy B. Chicken Ranch Flatbread C. BBQ Chicken Pizza	21 <u>Homemade Banana Chocolate Chip Muffin Square</u> A. Buffalo Ranch Chicken Bowl B. Grilled Cheese C. Variety Pizza
24 <u>Biscuits & Gravy</u> A. Breaded Chicken Sandwich w/ Raiders Sauce B. Hot Dog C. Cheese Pizza	25 <u>Breakfast Pizza</u> A. Turkey Barbacoa Soft Tacos B. Three Cheese Mac & Cheese C. Pepperoni Pizza	26 <u>Double Chocolate Donut Holes</u> A. Orange Glazed Popcorn Chicken w/ Rice B. Mini Corn Dogs C. Cheese Pizza	27 <u>Egg & Cheese Croissant</u> A. French Toast Sticks w/ Sausage Patties B. Grilled Cheese C. Chicken Mac & Cheese Pizza	28 <u>Homemade Apple Cinnamon Muffin Square</u> A. Tater Tot Nachos B. Chicken Tenders C. Variety Pizza
31 <u>Pancakes</u> A. Cheese Pizza Max Sticks B. Mc. Ribb C. Cheese Pizza				



Menus are subject to change.

Powering potential.

Offered Daily @ Breakfast

- Fresh Fruit
- 1% White Milk or Chocolate Milk
- 100% Fruit Juice
- Assorted Cereals
- Pop-Tarts
- Donuts
- Benefit Bars
- Breakfast Bread
- Mini Strawberry Bagels
- Muffins

Offered Daily @ Lunch

- Pizza
- Cheeseburger
- Chicken Sandwich
- Spicy Chicken Sandwich
- Sun Butter & Jelly Sandwich
- Salad
- Tots or Fries
- MTO Mexican Bar



All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.